

98.6% of golfers aim incorrectly

Aiming may sound straight forward but I have lost count of how many golfers don't aim properly when they play or practice. Everyone understands the principle of aiming but not everyone aligns correctly to their target. When playing golf it is harder to aim than other sports, because you stand side on to a target and your view of the club face and target changes. When playing snooker for example you look straight down the line of the cue and aiming becomes easier.

Amazingly 98.6% of golfers mis-align when they putt! Although golfers are constantly working on their technique, did you actually miss the putt because of poor aim or technique???

The Cure

Aiming is broken into two categories. Clubface aim and body aim. Clubface aim should always be addressed first with the use of an intermediate target.

1. Stand behind the ball in line with your target.
2. Pick a point on the floor a yard in front of your golf ball along the line you wish the ball to travel; this is your intermediate target. (see picture below)
3. Align the clubface directly at the intermediate target with your feet together.
4. Open your stance, Toes, hips and shoulders must all run parallel to this target (see picture below)
5. Make your normal positive swing.

I no hitting the ball is the fun part but take some extra time to align yourself and you will play better shots.

This process should be done when practicing and playing. Try it on our range, get some balls and flow the steps.

Happy Golfing

Craig Lockwood

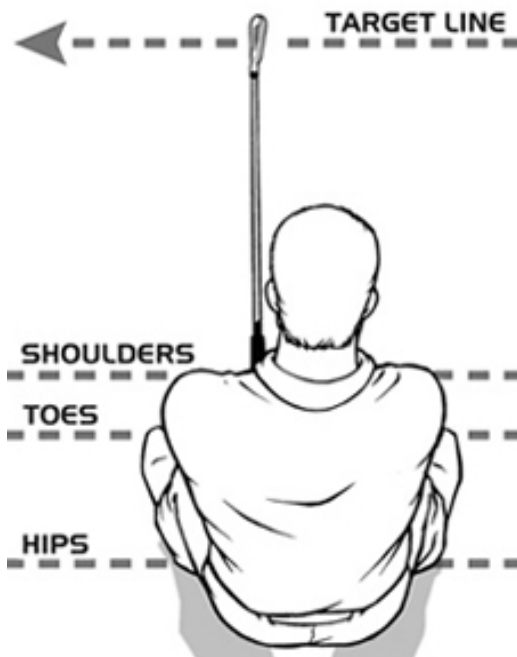
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Intermediate target

This demonstrates aligning the clubface to a target a yard in front of you. Pick an old divot or blade of grass as your intermediate target.

PARALLEL ALIGNMENT



Parallel Alignment

Your toes, hips and shoulders must all run parallel to where the clubface is aiming.

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